St Mary MacKillop

GENEROSITY: "TRY ALWAYS TO BE GENEROUS:"(1882)

Vision

As partners in Catholic education and open to God's presence, we pursue fullness of life for all.

Mission

At St Mary MacKillop College we are people who affirm the dignity of every person, who act with respect and compassion, who reverence relationships, who have hearts for generosity and forgiveness.

We celebrate our Catholic identity.

We respect the unique dignity, faith and gifts of each person. We value learning, aspiration and connectedness and we work together to create a positive future.

FROM THE PRINCIPAL

Dear Parents, Guardians and Friends,

The end of Term 2 has arrived and we (staff, students and probably parents) are ready for a rest. It has been a very busy term, with many assessments and exams, as well as sport, NAPLAN, excursions, Year 11 Camp and much more. We are blessed to be able to offer our students so many opportunities.

This week we have had the privilege of running the Cyber Safety Project in our school for Year 7 and 8 students, staff and parents. If you did not attend the parent session you missed out on a valuable night. The safety of our children is our number one priority and the world today can be a very scary place online. I encourage you to talk to your Year 7 or 8 child and ask them what they learned, as a key outcome of this project is to encourage parents and children to be having conversations about what they are doing online. Thanks to Luke Crow, Director of Wellbeing, for organising the event, and to the Mallee Cruisers and Rotary for the donation that provided us with the funds.

Next week parents will receive the usual end of term letter from me. In this letter I will outline the staffing changes that will occur for Semester 2. Term 2 has been a difficult one for some classes, so I am making every effort to ensure that we have great teachers teaching consistently, so that our students achieve great outcomes.

I wish all families that are travelling over these holidays a safe journey.

Michelle Haeusler Principal

NEWS INSIDE

Friday, 28 June, 2019

- From the Deputy Principal
- Wicked Tickets Now On Sale
- Wellbeing News
- Office Holiday Hours

ABSENCE NOTIFICATION PH: 5032 9771 Press 2

FUTURE EVENTS

JUNE	
Fri 28 th	Last Day of Term 2 School Finishes 2:15pm
JULY	
Mon 1 st – Fri 5	5 th
	Office Open 9am to 3pm
Sun 14 th	Production Rehearsal 1pm to 5pm
Mon 15 th	First Day of Term 3 Year 7 Enrolments Close
Fri 19 th	Hearts & Hands Mass
Mon 22 nd	Year 12 Biology Excursion
Mon 22 nd – We	ed 24 th
	10A Chartsec Camp
Thurs 25 th	First Aid Training – VET Students
Fri 26 th	Staff Professional Development Day Student Free



FROM THE DEPUTY PRINCIPAL

Care Monkey Details

We have been using Care Monkey for a number of years now and parents will be very familiar with it. Sometimes this familiarity can mean we forget to keep things up to date! Please ensure that your child's medical details are current. Each time you use Care Monkey to give informed consent you are ticking off that your child's profile is up to date. It is a great way for parents and teachers to cover all bases where health and safety are concerned so having accurate information is vital.

<u>Uniform</u>

Thank you to all our students who have consistently worn their uniform correctly. We have a very good uniform and it does make us very identifiable in our community or when we travel for school events. Thank you to all the parents who ensure that their child has the correct uniform. We have seen a clear decline in the number of students wearing incorrect uniform and this is very positive. This term we have had uniform checks to address the two areas of concern, skirt length and the wearing of the jumper under the Winter Jacket. Phone calls have been made to parents and we are hopeful that all students will be correctly attired for Term 3.

School Beanie

The Student Forum has put a proposal to Leadership to introduce an official school beanie. This proposal was accepted and then endorsed by the School Advisory Committee.

The beanie will be of course optional, only for wearing with Winter Uniform and never inside.

This year we will continue to allow students to wear a black or blue beanie and have a transition to the school beanie for 2020.

Students may order a beanie via the google form sent to them this week. We are hoping to have the beanies by Week 2 in Term 3.

Recharging your batteries over the break

As we come to the end of the term, many of us are tired and we can see the first sleep in of the holidays on the horizon. It is really important that our students have a good break over the holidays. Many of our students, particularly for the Senior students, will have some study to do and that is important. Our wellbeing is also vital and being organised and having a plan can really help us fit in all the things we need to do without having too much stress. The key to having a good break is knowing the things that you need to do to prepare for Term 3 and planning your time so that this is balanced with all the others things that lift the spirit!

I hope everyone has a lovely, restful break.

Catherine Howison

Deputy Principal





WICKED TICKETS NOW ON SALE

St Mary MacKillop College is excited to announce our 2019 production of Wicked: The Untold Story of the Witches of Oz! will run on Thursday 15th August and Friday 16th August at 7:00pm at our Jubilee Centre in Splatt Street.



When Dorothy famously triumphed over the Wicked Witch, we

only ever heard one side of the story. WICKED tells the incredible untold story of an unlikely but profound friendship between two young women who first meet as sorcery students at Shiz University: the blonde and very popular Glinda (played by Charlotte Rush) and a misunderstood green girl named Elphaba (played by Phoebe Griffiths and Kate Mullan). Following an encounter with The Wonderful Wizard of Oz (played by Jethro Edullantes and Harrison Sawyer), their friendship reaches a crossroads and their lives take very different paths. Glinda's unflinching desire for popularity sees her seduced by power while Elphaba's determination to remain true to herself, and to those around her, will have unexpected and shocking consequences for her future. Their extraordinary adventures in Oz will ultimately see them fulfil their destinies as Glinda The Good and the Wicked Witch of the West.

Tickets are on sale now and can be purchased through the Front Office. Phone: 03 5032 9771.

Talia Henderson

Curriculum Leader Arts

2020 ENROLMENTS CLOSE

Enrolments for 2020 will close on the first day of Term 3, Monday 15th July 2019. Currently we have over 70 applications for enrolment for Year 7 in 2020, with around 10 Grade 6 students with current siblings who have not submitted an enrolment form. If you are one of these families, I urge you to please submit your enrolment form by 15th July to avoid being processed after timely applications, as for the past two years we have had to place some applicants on a waiting list.

The Front Office is open next week, from Monday 1st July to Friday 5th July, between 9am and 3pm, for families to submit enrolment forms.

2019 SCHOOL FEES REMINDER:

Families that have opted to pay their school fees per term are reminded that this payment is due today, Friday 28th June.

If you are paying per annually, this payment was due on Friday 26th May.

Please contact Mrs Kerryn Keam, Assistant Business Manager on 5032 9771 for more information or to make payment arrangements.

TEACHING AND LEARNING

End of Semester Reports

End of Semester reports have now been completed and are available online via the Parent Access Module (PAM). Many students may have already accessed their End of Semester reports but I encourage parents and guardians to take the time to discuss these with your child.

To review detailed feedback comments on each assessment task, please refer to the individual subject Learning Area, accessible via PAM. Hardcopies of End of Semester reports will only be printed and posted home over the holidays, if specifically requested.

If any parent is unable to access this online, or does not receive their specifically requested hardcopy by the beginning of Term 3, please do not hesitate to contact the Front Office.

All Victorian government and Catholic schools now must use the Victorian Curriculum F-10 for determining achievement levels for students in Year 7 - 10.

Schools are required to report on the achievement of all students including those with disabilities 'without exception'. The Victorian Curriculum achievement graphs contain some significant changes, with an explanation of new terms and codes under each graph. If you have any questions or concerns with the reporting of Victorian Curriculum levels for your child, please contact me in Term 3.

Please note: Some students who have a Personal Learning Program may have an expected achievement level set which differs from their year level in some subjects. This will be explained in more detail at the parent's next PSG meeting with Sally Op't Hoog (Learning Support Coordinator).

End of Semester Reports - Assessment task grading

End of Semester reports will indicate to you the achievements of your son/daughter through the assessment of tasks over the whole semester.

Below is an explanation of the grading scale:

Year 7 to 12

End of Semester Reports: Grading for Assessment Tasks

Assessments at Year 7 – 12 use the following grading criteria:		
VH (Very High):	All criteria addressed to a very high standard. or (85 – 100%	
H (High):	Most criteria addressed to a high standard or (70 – 84%)	
M (Medium):	Criteria addressed to a medium standard. or (50 – 69%)	
L (Low):	Criteria addressed to a medium to low standard. or (30 – 49%)	
VL (Very Low):	Criteria addressed to a low standard. or (14 – 29%)	
NE (Not Eligible):	Student is not eligible for a result due to: Non-submission of work by the due date; lowest standard not met; copying or; plagiarism. Or (below 14%)	
LS (Late Submission)	Late but Satisfactory	
NA (Not Assessed):	Task Not Assessed.	
AB (Absence):	Absent for task.	

End of Semester Result:

S – Satisfactory. Assessment tasks completed

N – Not Satisfactory. Insufficient work completed, or work below standard.

Grading Scale – for Religious Education

Awakenings	
Extensive Knowledge	All criteria addressed to a very high standard.
Thorough Knowledge	Most criteria addressed to a high standard
Sound Knowledge	Criteria addressed to a medium standard
Basic Knowledge	Criteria addressed to a medium to low standard.
Elementary Knowledge	Criteria addressed to a low standard.
Not Eligible	Student is not eligible for a result due to: Non-submission of work by the due date; lowest standard not met; copying or; plagiarism.

2020 Subject Selection for Year 8 – 11 students

All students in Years 10 and 11 have now completed their initial subject selections for 2020. We have used the online Web Preferences system for several years now and it seems to work very effectively but if you have any feedback or concerns please contact the Pathways team.

All students in Years 8 and 9 need to return their subject selection forms by the 19th July. These need to be signed by a parent or guardian and returned to the Pathways Office. Students applying to accelerate into a VCE subject must also obtain an acceleration form and gain recommendations from their current subject teacher.

Once the final blocking of subjects to be offered in 2020 is completed late next term, all students in Year 11 and Year 12 will have subject counselling interviews in November. Parents or guardians are strongly encouraged to attend these interviews.

Sally Looney

Director of Teaching and Learning

PATHWAYS/CAREERS

SuniTAFE Swan Hill are delivering a White Card Course and Working with Heights Course (separate courses) on Monday 22nd July. Interested students need to contact SuniTAFE directly to enrol.



Apprenticeship Opportunities

This week we have received notification of two Apprenticeships and one Traineeship.

Business Administration Traineeship – full time. Drivers Licence not essential but applicants need to be 18 years old and have basic computer skills. For more information, please go to https://www.seek.com.au/job/39314158?_ga=2.139250227.1820804458.1561339483-796034696.1557107129

Light Vehicle Technician Apprenticeship – full time (Swan Hill). The employer is looking for someone who has a passion for all things Automotive and willing to learn new skills. For more information, please go to https://www.seek.com.au/job/39305256?savedSearchID=16067960&tracking=JMC-SAU-eDM-Lite2.01-4551

Heavy Diesel Mechanical Apprentice. To start full-time in January 2020. (Cummins, Swan Hill). Receive on the job training and exposure to a range of Cummins engines and heavy vehicles. To apply please go to <u>https://cummins-australia.jobs/swan-hill-aus/heavy-diesel-mechanical-apprentice-swan-hill/E911C84C00704750BC4D4F4FE631FD66/job/</u> Applications close July 21st.

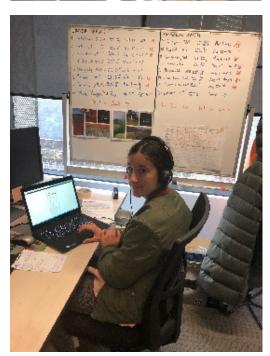
Laura Crow and Brenda Brady Pathways Team

10B WORK EXPERIENCE



















STUDENT LEARNING RECOGNITION PROGRAM

The Academic Committee has been focused on highlighting the achievements of students within their studies this year through the 'student learning recognition program'.

This program recognises students for their efforts in class, with 5 house points being awarded to each nominated student. This is achieved by a google form being sent out to teachers each week, to submit chosen students of the designated year level.

Each week, a new year level is recognised for their efforts. This does not have to necessarily be the student is the top of the class, but can be the student who has applied themselves to their studies and shows improvement in their work.

The Academic Committee came about this idea when discussing the minimal availability or promotion of the academic achievements of students within our school. We decided that this program is a good way for teachers to award house points to the deserving but unrecognised students within our schooling community.

This program will continue to run next term and we encourage students to keep applying themselves in their studies and trying their best.

Academic Committee

DANTE ALIGHIERI POETRY COMPETITION

After a hectic week of exams, Year 9 and 10 Italian students set out to Melbourne on a cold and icy Friday morning. Our first stop was Melbourne University, and it was there that, after months of practice, students nervously recited their poems to the judges.

Students could not wait to head down to Lygon Street and devour Italian favourites, such as pizza, focaccia, calzone and arancini. Brunetti's always caters for everyone's needs in typical Italian gastronomic delights!!! Some students finished their lunch with gelato or other typical Italian sweets! After lunch, we had the chance to explore the Bourke Street Mall.

Before returning to Swan Hill, we were notified that Nyathor Nhial and Jasmine Wright had made it through to the finals stage! Congratulations and we wish you well in the next round on Thursday 18th July.

Well done to all students who participated and practiced tirelessly over the last couple of months.

Maria Salvo Italian Teacher





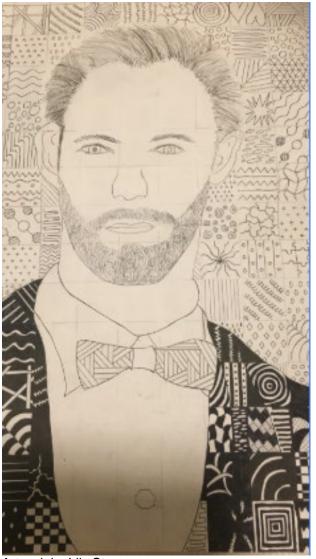


ART EXPLOSION

As the frantic pace of Semester One grinds to a halt, I am now able to retrospectively, take stock of what our students were able to achieve and share with you their success.

Before commencing this subject, most students had very little art experience, knowledge and skills. I can now affirm students have since grown in confidence, with many of our students indicating they will be seeking to extend their practice in Studio Art and/or Visual Communication.

Our first task focused on research skills, patterns and fine liner techniques to produce a final artwork in the style of Chuck Close. With the use of a grid, students were able to draw a much larger version of their favourite celebrity and save their work electronically. Much to their delight, students were required to set up their own website so they had a digital space to document all their planning, development, and final artworks throughout this subject.



Students then investigated artworks from Indigenous artist, Richard Bell and drew on his techniques to create an abstract artwork that visually communicated a social commentary they were passionate about.



After extensive research and planning, students were then able to respond to techniques used in the 1960's POP Art Movement where they were inspired by artists; Andy Warhol, Roy Lichtenstein, and Wayne Thiebaud. Much to their own surprise, the results were just resounding. The future is certainly looking bright for our young students and I look forward to seeing them continue to develop their skills in 2020.

Artwork by Eva Maria Wong Chon Lew

Teachers – Mr Jeremy Wood, Miss Anna Stewart



Artwork by Lily Stacey

MAY THE FORCE BE WITH YOU

Our Year 7 students have been looking at forces and simple machines in their Science unit "May The Force Be With You".

Students planned and constructed a compound machine, and identified how their machine created a mechanical advantage. A compound machine is made up of two or more simple machines that help do work.

Catherine Smith Science Teacher

















WELLBEING NEWS

Love Me Love You

Lance Piccoane from the Love Me Love You Foundation recently visit our Year 10 students and presented the following information:

A powerful and engaging presentation that outlines the journey through the life of Love Me Love You and explores the facilitator's relationship with mental health. The aim is to raise mental health awareness, reduce stigma and provide participants coping mechanisms, including support networks, mindfulness & wellbeing conversations. These can be utilised during times of mental health challenges.

Cyber Safety Project

This week the Cyber Safety Project ran Year 7 and 8 Student, Staff and a Parent/Carer Information session on Cyber Safety.

The Year 7 and 8 students were presented on topics around the current themes for digitally engaged young people.

- Online Privacy & Security
- Social Profiles
- Safe Posting Protocols
- Online Gaming
- Digital Wellbeing
- Digital interactions & Screen Time

The Staff and Parent sessions provided parents and staff with important information about popular social networking and online gaming platforms that are available to young people today. It also highlighted ways we can ensure our children/students can stay safe through making use of an application's privacy settings and help them to build positive digital habits.



The following links are great resources for parents/carers in regards to obtaining information around cyber safety:

https://www.cybersafetyproject.com.au/parents.html https://www.esafety.gov.au/esafety-information

Wellbeing/Social Justice Committee Breakfast Program

This term the Wellbeing/Social Justice Committee have been running a Breakfast program on Tuesday and Thursday mornings providing toast for any students in the Red Court Area. We would like to thank Bartalotta's Bakery for the generous donation of bread each week.

To celebrate the end of term yesterday the committee and staff met together in the Red Court Area for Pancakes and Hot Milos. This was well attended and created a really positive and relaxed environment for both staff and students.







YEAR 11 CAMP



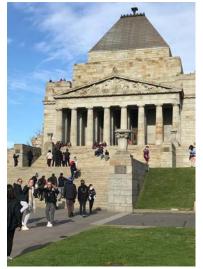








TAKE A ROAD TRIP TO ZERO













WICKED PRODUCTION REHEARSAL

A reminder to the Wicked cast that there will be a Sunday rehearsal on the last Sunday of the school holidays, Sunday 14th July. The rehearsal will start at 1:00pm sharp in the Jubilee Centre and will finish at approximately 5:00pm.

BILL KEMP RETIREMENT

We farewell Bill Kemp, who has retired from teaching at the end of this term. Bill has been a teacher in the Swan Hill region for many years and has been part of our St Mary MacKillop College community for the past 15 years. Bill had a great passion for Mathematics and taught Mathematics over his 15 years of teaching here at our school.

One thing that both teachers and students really appreciated about Bill was his warm sense of humour. He has always had a way of seeing the lighter side of life and making people laugh.

We thank Bill for the many wonderful years of teaching in our school community.

SWAN HILL GYMNASTICS CLUB

We are looking for energetic and enthusiastic students to become paid junior part time coaches. No experience required, on job training. Year 9+

If you could like any further information, please contact the club via email. swanhillgynastics@hotmail.com

DOG KENNELS FOR SALE

Our 1st Year VET Building & Construction students have just completed their dog kennels and they are ready for sale. There are two large, medium and small kennels available with the sizes listed below. The small kennels are only \$100, medium \$125 and the large kennels are \$150.

Sizes:

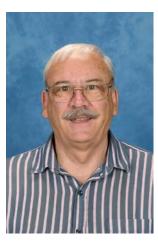
Small – 740mm long x 450mm wide x 700mm high (top of gable)

Medium – 900mm long x 600mm wide x 840mm high (top of gable)

Large – 1000mm long x 700mm wide x 1030 high (top of gable)

All kennels are supplied with treated pine weather board walls, colour bond roof and 18mm thick ply bottom.









Think about these three words to help your child (and yourself) be their most healthy and happy

Eat more fruit and veggies Move more often

Smile with friends, family and neighbours.

Getting good nutrition, good levels of physical activity and interacting with other kids and adults are important factors in the growth, learning and health of children.

Week 9

17th – 21st June

5 tips for more Veg!

Looking for some ways to include some more vegetables in your family's diet?

Try some of these delicious ideas!

- 1. Grated Add grated carrot and zucchini to bolognese and other pasta sauces, use grated vegies to bulk up rissoles, meatballs and meatloaf.
- 2. Pureed Pureed vegies make great sauces, dips and spreads and can be added to almost anything, you can even add them to your baking!
- 3. Half your plate At dinner, make sure at least half your plate is filled with vegetables, choose them in a variety of colours and add some flavour with herbs and spices.
- 4. Frozen vegetables You can always have vegies on hand to add to meals. Try adding peas and corn to risotto, make a quick stir-fry with frozen mixed vegetables and some lean meat or chicken, add them to a pasta bake, quiche or frittata.
- 5. Beans Add kidney beans to casseroles and bolognese or chickpeas to a curry or salad, or top a baked potato with baked beans.

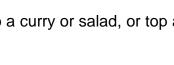
Week 10 24th – 28th June

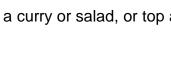
Stay active during the holidays!

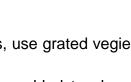
School holidays can often be seen as a time to sit back and relax, and whilst it is a great opportunity to wind down after a busy school term, physical activity is still really important and can be very helpful when it comes to clearing yours and your children's heads over the break!

Some great ways to stay active over the break include:

- Create an outdoor treasure hunt for your children: leave tips that they must follow to the final destination where there may be a prize/reward of some kind.
- Explore your local area! We live in a beautiful place with endless places to explore go for a walk by the river or venture further afield and do a bushwalk.
- Footpath hopscotch: show your kids how to draw a hopscotch template on the pavement with chalk and it can provide hours of fun! Adding in extra difficulties like a "spin square" can keep it interesting by creating new challenges!







SCHOOL HOLIDAY OFFICE HOURS

OFFICE IS OPEN Monday 1st to Friday 5th July 9:00am to 3:00pm

OFFICE IS CLOSED Monday 8th to Friday 12th July

NORMAL OFFICE HOURS RESUME Monday 15th July 8:30am to 4:00pm

Have a Happy Holiday!

As part of our year 12 VCAL Personal Development project

Spreads

HOMEMADE JAMS & RELISH



a range of spreads will be available, including:

Tomato relish
Mixed berry jam
Caramalised onion
Strawberry jam

available from - MacKillop College front office - Cafe Allure - Boo's Place Lake Boga

Little jars: \$6

Big jars: \$9



Holidays can take students away from friends and their usual school supports. Changes to routine can cause some young people to feel stressed, isolated and alone. Parent support is very important at this time.

Below is some information to help you support young people to stay in a healthy headspace in school holidays. There is also some information that may help you to identify when your young person might need some extra support and where to go for help.

There are a number of ways you can support your young person's mental health and wellbeing in the holidays:

1. Encourage them to stay connected

Social relationships are important to your young person's general wellbeing.

It is okay if they take time out for themselves at times, but encourage them to keep in contact with friends over the holidays. Friends can provide both play and support, and spending time with friends is also important for keeping and building on existing friendships.

If your young person is not feeling up to going out, even a phone call, email, text message or Facebook message can help them to feel connected to friends and family.

2. Encourage them to stay involved

Encourage involvement with volunteer work, hobbies, clubs or committees, or sports – these can help young people feel connected to their wider community. Participate with them when you can.

Involve them in decisions and give them responsibility at home (e.g. deciding what to eat for dinner and helping to prepare it). Help them to identify and set realistic goals. Setting and achieving realistic goals can be incredibly motivating and can help build self-confidence.

3. Encourage physical activity

Physical activity is important for everyone's health and wellbeing. If your young person is feeling down or finding things are difficult, physical activity may be the last thing they feel like doing. But even small activities, like walking around the block, can help relieve stress and frustration, provide a good distraction from worrying thoughts, improve concentration and improve mood.

If your young person is struggling to get active, find a physical activity that you both enjoy and can do together (e.g. swimming, playing sports with friends or cycling) and make a plan to do it regularly.

4. Encourage a regular routine

Getting a good night's sleep helps young people to feel energised, focused and motivated.

Adolescence is a time when a number of changes to the "body clock" impact on sleeping patterns and young people are more likely to have problems with sleep. Developing a sleeping routine can help. Encourage your young person to wake up around the same time each day, get out of bed when they wake up, and go to bed around the same time each night.

Avoiding caffeine after lunchtime, having a quiet, dark and uncluttered bedroom and shutting down electronic devices before bed can also help them to get a good night's sleep.

5. Encourage healthy eating habits

Eating well doesn't only reduce the risk of physical health problems, like heart disease and diabetes, but it can also help with sleeping patterns, energy levels, mood, and general health and wellbeing.

A good balanced diet with less junk food/ lots of sugars and more vegies, fruit, whole grains and plenty of water will ensure your young person has all of the vitamins and minerals to help their body and brain function well.

6. Encourage play!

Devoting time to just having fun can help to recharge your young person's battery, revitalise their social networks and reduce stress and anxiety.

C headspace

Supporting your young person during the holidays

Tips to help you support your young person

- **Recognise** their distress or concerning behaviour
- Ask them about it (e.g "I've noticed you seem to be sad a lot at the moment.")
- 3 Acknowledge their feelings (e.g. "That seems like a really hard place to be in /I can understand why you are upset about that.")

Get appropriate support and encourage healthy coping strategies (e.g "Do you need some help to handle this?")

5 Check in a short time afterwards to see how they are going

Signs that may suggest that your young person is struggling

It is normal for young people to have ups and downs. However changes in mood, levels of participation and thinking patterns which persist for more than a couple of weeks may indicate that your young person needs extra support.

Changes in mood include:

- Being irritable or angry with friends or family for no apparent reason
- Feeling tense, restless, stressed or worried
- Crying for no apparent reason, feeling sad or down for long periods of time

Changes in activity include:

- Not enjoying or not wanting to be involved in things they would normally enjoy
- Being involved in risky behaviour they would normally avoid
- Unusual sleeping or eating habits

Changes in thinking include:

- Having a lot of negative thoughts
- Expressing distorted thoughts about themselves and the world (e.g everything seeming bad and pointless).

If you believe that your young person is at risk of harm you should seek professional support from your GP, mental health service or emergency department.

Support service options

- headspace centres provide support, information and advice to young people aged 12 to 25 – headspace.org.au
- eheadspace provides online counselling and telephone support to young people aged 12 to 25 – eheadspace.org.au 1800 650 890
- **Kids Helpline** is a 24-hour telephone and online counselling service for young people aged 5 to 25 – kidshelpline.com.au 1800 55 1800
- **Lifeline** is a 24-hour telephone counselling service – lifeline.org.au 13 11 14
- Parentline 1300 301 300
- **ReachOut.com** for information about well-being.

Please refer to the **headspace** School Support Suicide Postvention Toolkit – A Guide for Secondary Schools for further guidance.

headspace.org.au/schoolsupport



Fact sheets are for general information only. They are not intended to be and should not be relied on as a substitute for specific medical or health advice. While every effort is taken to ensure the information is accurate, headspace makes no representations and gives no warranties that this information is correct, current, complete, reliable or suitable for any purpose. We disclaim all responsibility and liability for any direct or indirect loss, damage, cost or expense whatsoever in the use of or reliance upon this information.



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School Holiday Program Week 1

All holidays! 10am - 5.30pm For: All ages Cost: FREE	Creation station Set up in the children's area all school holidays, children can draw, cut, paste, colour in, construct, complete activity booklets and make all sorts of creations!
Monday, 1 July	Minecraft Monday
1pm - 5pm	Minecraft is a game about breaking and placing blocks. Children can build
For: Ages 5+	structures to protect against all sorts of nocturnal monsters. Players work together
Cost: \$2	to create wonderful, imaginative things! What will you build?
Monday, 1 July	VR Pop-Up Play
1pm - 5pm	Come along and try our Playstation virtual reality headset! Join an outlaw band
For: Ages 12+	of immortal pirates and fight your way to glory across the galaxy or jump into the
Cost: \$2	combat ring to fight giant robots! A fantastic chance to try out this technology.
Monday, 1 July	Pint Size Scientists: Dinosaurs and volcanos
10.30am - 12pm	Do you have a favourite dinosaur? Where are the dinosaurs now? Do you know
For: Ages 3-7	what a volcano is and what it does? Children will find out the answers to these
Cost: \$5	questions and more as Lisa and Rachael from Pint-Size Play guide them through
BACK BY POPULAR	a hands-on play activity where they will make a volcano explode and search for
DEMAND!	fossils just like real palaeontologists! Bookings essential.
Tuesday, 2 July 2pm - 4pm For: Ages 10+ Cost: \$10 per child or \$20 per family	First Aid Focus Session Mallee First Aid are offering a First Aid Focus Session aimed at informing young people and adults with the first aid skills required when faced with a medical emergency. The topics covered in the course include DRS ABCD (danger, response, sending for help, airway, breathing, CPR, defibrillation) and bleeding. Even if you've had this training before, a refresher course is always helpful. Bookings essential.
Wednesday, 3 July	Lego Competition
5 - 8 years: 2pm - 3pm	This fun competition asks children to use their imagination to create a structure of
9 + years: 3.30pm -	the judge's choice.
4.30pm	Join one of two age categories: 5 - 8 years or 9 years and up.
Cost: \$2	Toyworld voucher's to win Bookings essential.
Wednesday, 3 July	Loom Bands
2pm - 4pm	Have you just discovered loom bands? Or are you already an loom band
For: Ages 5+	expert? Loom bands, boards and hooks are supplied to make fantastic jewellery
Cost: \$2	and craft!
Thursday, 4 July2pm - 3pmFor: Ages 8+Cost: \$4	Bath bombs Join Samantha for a fun and creative children's activity making a treat for the senses! Children will make lovely perfumed bath bombs to take home and enjoy while soaking in a relaxing bath. Bookings essential.
Friday, 5 July 2pm - 3pm For: Ages 5 + Cost: FREE	CFA - Fire Safe Kids CFA District Community Education Coordinator, Kelly, will visit the library for an engaging and interactive activity, teaching children how to be fire safe. The Fire Safe Kids lesson will cover a range of topics, such as 'Get down low and go, go, go!', Stop, drop, roll and other simple rules for home fire safety. Bookings essential.

- Youth friendly activities and workshops. NB Children under 12 must be supervised by an adult.



details.



School Holiday Program

Week 2

Monday, 8 July 1pm - 5pm For: Ages 5+ Cost: \$2	Minecraft Monday Minecraft is a game about breaking and placing blocks. Children can build structures to protect against all sorts of nocturnal monsters. Players work together to create wonderful, imaginative things! What will you build?
Monday, 8 July 1pm - 5pm For: Ages 12+ Cost: \$2	VR Pop-Up Play Come along and try our new Playstation virtual reality headset! Join an outlaw band of immortal pirates, and fight your way to glory across the galaxy or jump into the combat ring to fight giant robots! This is a fantastic opportunity to try out this new technology.
Tuesday, 9 July 2pm - 4pm For: The whole family! Cost: FREE	Healthy kids, healthy planet - mini expo Keep your body and our planet healthy! Find out how at this mini expo! Growing and eating healthy food, drinking water, recycling, and composting your waste is good for you and good for the planet too. You can learn more about how to live sustainably though fun, interactive and educational activities and games at this mini expo. There will be giveaways too! Experts will join us from Swan Hill District Health, Lower Murray Water, Zero Waste Swan Hill, North Central Catchment Management Authority and Loddon Mallee Waste and Resource Recovery Group. Bookings preferred.
Wednesday, 10 July 5 - 8 years: 2pm - 3pm 9 + years: 3.30pm - 4.30pm Cost: \$2	Lego competition This fun competition asks children to use their imagination to create a structure of the judge's choice. Join one of two age categories: 5 - 8 years or 9 years and up. Toyworld vouchers to win! Bookings essential.
Wednesday, 10 July 2pm - 4pm For: Ages 5 + Cost: \$2	Loom Bands Have you just discovered loom bands? Or are you already a loom band expert? Loom bands, boards and hooks are supplied to make fantastic jewellery and craft!
Thursday, 11 July 2pm - 3.30pm For: Ages 3 - 7 Cost: \$5	 Pint -Size Scientists: Space This exciting and interactive activity will teach children about the mysteries of outer space! Join Lisa and Rachael from Pint-Size Play as they guide children through a hands-on play activity where they will make a colourful nebula, using tin foil and paint, and a constellation using rubber bands and a geoboard and lots more! Learn while having fun! Bookings essential.
Friday, 12 July 2pm - 3pm For: Ages 4 - 7 Cost: \$5	Cupcake Decorating Come along to this fun and creative activity. There will be stories, action rhymes and songs followed by delicious cupcake decorating! There will be lots of yummy fun with library volunteer, Michelle. Bookings essential.
To book contact th	e library on 5036 2480. Check out the Library's Facebook page or newsletter for more