

St Mary MacKillop

GENEROSITY: "TRY ALWAYS TO BE GENEROUS:" (1882)

NEWS

INSIDE

Vision

As partners in Catholic education and open to God's presence, we pursue fullness of life for all.

Mission

At St Mary MacKillop College we are people who affirm the dignity of every person, who act with respect and compassion, who reverence relationships, who have hearts for generosity and forgiveness.

We celebrate our Catholic identity.

We respect the unique dignity, faith and gifts of each person.

We value learning, aspiration and connectedness and we work together to create a positive future.

FROM THE PRINCIPAL

Dear Parents, Guardians and Friends,

In the past two weeks we have seen amazing achievements by our students. Last week our annual school production was held. This year the students presented the story of 'Wicked'. Under the wonderful direction of Mrs Talia Henderson, the students showcased their gifts and talents in the field of Performing Arts. All of the students involved worked extremely hard over the past nine months to remember lines, actions and movements on stage. The back stage crew supported those on stage by knowing exactly when and where props and set pieces needed to be. Thank you to Mrs Henderson and all of the staff and parents that assisted in helping this to be a wonderful event.

This week our students performed on the athletic track. In very cold conditions, students ran, threw and jumped, cheered and encouraged each other to do their best. Many students won events and quite a few achieved records, beating some records that had been held for over 20 years. It was great to see so many students involved, as we are not all blessed with sporting abilities. Students that have a go and support their team make me immensely proud. Tenison were the winners overall for the day, with Xavier taking out the House Spirit award. Thank you to Mr Chris Joyce and the many staff that assisted in making this a fantastic day.

We are now more than half way through term 3. Our community is working hard as we come into a time of assessment in classes. Students should be completing work at home to allow themselves to achieve their best. Teacher Advisor Interviews and Reports have been completed for students in Years 9 to 12, so please ensure that you are checking PAM and reading these reports. If you have any concerns in regard to your child's progress, please contact your child's teacher/s or Homeroom Teacher.

Enjoy the last of winter as we move into Spring next week.

Michelle Haeusler
Principal

Friday, 23 August, 2019

- From the Deputy Principal
- Athletics Carnival
- Round Robin Competition
- Little Free Library
- Quilt for Cambodia

ABSENCE NOTIFICATION
PH: 5032 9771
Press 2

FUTURE EVENTS

AUGUST

Tues 27th **Staff Professional Practice Day**
Student Free Day

Wed 28th **Swan Hill Regional Athletics**

SEPTEMBER

Wed 4th – Thurs 5th **Fairfax Workshop 1**

Wed 4th **Year 10 Pathways Excursion Deakin**
MacKillop's Got Talent Lunchtime Heats

Thurs 5th **MacKillop's Got Talent Lunchtime Heats**

Mon 9th – Fri 13th **MADD Week (Music, Art, Drama, Dance)**

Mon 9th – Tues 10th **Fairfax Workshop 2**



FROM THE DEPUTY PRINCIPAL

College Community Expectations

Since the beginning of Term 3 we have been focussing on our College Community Expectations, looking at one expectation each week. These expectations, if met, ensure that our school is a place where the dignity of every person is recognised and where every person is able to access learning.

We are on time and ready to learn.

We always follow staff instructions.

We all use appropriate language.

We respect ourselves, others and our learning environment.

We are responsible for our own behaviour.

Mobile Phones at school

There has been much in the news recently about mobile phones and statements have been made about school wide bans. At St Mary MacKillop College the expectation is that students do not use their phones during the day, either during class or at recess and lunchtimes. We acknowledge that most of our students have a phone and that phones can also be a handy tool in the classroom but this should only be under staff direction. Staff are currently reviewing some professional reading on this topic and it will also be taken to Student Forum for discussion. In the meantime, can I clarify that students who use their phones at recess and lunchtime will be instructed to put them away. If staff need to request this repeatedly, the phone will be confiscated and taken to Pastoral Care. If students are using their phones in class, then the teacher may follow the same process. We are seeking support from parents to contact their child through the Front Office rather than ringing or texting them during the day.

The benefits of phones are very clear, so too however, are the deficits. Using phones can interrupt our learning significantly, have a negative impact on sleep patterns and can at times provide a barrier for social connections. It might be time to try a digital detox!

ARE YOU ADDICTED?

Mobile Phones are now essential
but some people use them to excess

22%
of adults and
47%
of teenagers use their
phone whilst on the toilet

81%
of people never
turn their phone off
(even when in bed)

Your phone is a great tool but it can also hurt your performance unless it is managed

- Students who perform a task just in sight of their phone (regardless of if they are using it) do about 20% worse as it still distracts them
- Phone use every day for longer than 20 minutes at a time leads to poor sleep quality and duration
- Being on your phone within an hour before bed means that you are almost three times as likely to get less than five hours sleep
- Students who are on their phone more get worse grades, regardless of gender or previous grade average

by @inner_drive | www.innerdrive.co.uk

5 Ways to Manage Your Phone Better

by @inner_drive | www.innerdrive.co.uk

- 1 Set aside phone-free time each day**
Give yourself a pre-determined period of time where you will not use your phone.
- 2 Put your phone away**
Ban yourself from using your phone whilst completing homework and during family meals.
- 3 Don't use your phone before bed**
Avoid using your phone in the hour before bed or at the very least turn down the brightness.
- 4 Buy an alarm clock**
Don't have your phone in your room whilst you sleep. Use an alarm clock to wake yourself up in the morning.
- 5 Check your phone less regularly**
Download apps such as 'Mute' and 'Hold' which make you aware of phone overuse by tracking screen time and the number of times you pick up your phone.

FROM THE DEPUTY PRINCIPAL

Student Leadership for 2020

Throughout the year staff and students have been reviewing our model of Student Leadership and our process for decisions regarding that model. After consultation with students and staff, we have determined a new model and process for 2020.

In 2020 we will be adopting a team model for our School Captains with a group of four Co-Captains. These four Captains will be determined at the end of a process and it will no longer necessarily be equal distribution of gender. Full consideration will be given to strengths, characteristics and skills when balancing the team.

Prior to the formation of the Captain team, individuals will apply for consideration. A panel will review the applications and those who are successful will be asked to make a speech to our school community. Voting will occur and then students will participate in a Finalising Panel. Year 11 students may apply for the role of Captain and should start considering this now.

The criteria we are asking students to work towards are:

- Active membership of a Student Leadership Committee
- An ability to articulate their active support of School values
- A demonstrated commitment to the school through attendance, presentation and participation.

We have many students who have the capacity to lead our school and I encourage all our Year 11s to seriously consider making a contribution to our community through Leadership next year.

TEACHING & LEARNING

Teacher Advisor Interview Schedule Term 3 2019

All senior students in Year 12, 11 and 10 should now have had their Teacher Advisor interview for this term. It is fantastic to see the positive or honest comments from both students and their Teacher Advisor about the learning journey so far and the goals that are being set. I strongly encourage parents to take the time to read these TA Interview reports available on PAM along with their subject reports.

WEEK/DATE	TA INTERVIEWS
Week 7 26 – 29 Aug	Year 9 TA Interviews
Week 8 2 – 6 Sep	Year 8 TA Interviews
Week 9 9 – 13 Sep	Year 7 TA Interviews

After School Homework and Study Help in the Learning Resource Centre (Library)

In an effort to assist students with their homework and develop sound study skills, the staff at St Mary MacKillop College have been rostered into the Learning Resource Centre every Monday – Wednesday from 3:30pm – 4:30pm. We strongly encourage students to utilise this excellent facility, where students can stay after school any day until 4:30pm (except Friday when the Learning Resource Centre closes at 4:00pm).

After School Homework and SAC Supervision					
Week	Monday		Tuesday		Wednesday
7 26/08	Emma Doherty		Student Free Day		Monique Watt
8 02/09	Nick Danaher		Mandy McCallum		Talia Henderson
9 09/09	Eddie Scholtens		Maria Salvo		Sally Op't Hoog

TEACHING & LEARNING

Unit 3/4 PRACTICE EXAM TIMETABLE 2019

All students studying a Unit 3 / 4 subject (Year 12 subject) are required to attend Practice Exams in the second week of the school holidays as per the timetable below. Any rescheduling of a practice exam due to timetable clashes or valid personal/work reasons must be requested in writing, with a parent signature, to Mrs Haley, Senior School Coordinator, prior to the holidays.

All students must complete and submit a Practice exam for their subject, even if rescheduled, by 3.15pm Wednesday 2nd October.

DATE	TIME	SUBJECT
Monday, September 30th	9.00 – 11.15	MATHS METHODS 2 hrs FURTHER MATHS 1.5 hrs
	12.30 – 2.45	PHYSICAL EDUCATION 2 hrs VET SPORT & REC 1.5 hrs
Tuesday, October 1st	9.00 – 11.45	PHYSICS 2.5 hrs HEALTH & HD 2 hrs ACCOUNTING 2 hrs
	12.30 – 3.15	PSYCHOLOGY 2.5 hrs LITERATURE 2 hrs STUDIO ARTS 1.5 hrs
Wednesday, October 2nd	9.00 – 11:45	CHEMISTRY 2.5 hrs LEGAL STUDIES 2 hrs VISUAL COMM. 1.5 hrs
	12.30 – 3.15	BIOLOGY 2.5 hrs BUS MANAGEMENT 2 hrs VET HOSPITALITY 1.5 hrs

Sally Looney

Director of Teaching and Learning

Our Year 12 students are doing amazing job with their VTAC (or interstate) applications. We have met with many students and some parents in the last few weeks, assisting them with SEAS and Scholarship applications and making sure they are not feeling too stressed with the process. VTAC applications close on September 27th.



A number of students are also taking advantage of University Early Entry Programs that are relevant to them.

Australian Catholic University Community Achievers Program (CAP).
Applications close 28 August 2019 <https://bit.ly/2tb5Y60>

La Trobe University ASPIRE Early Admissions Program.
Applications close 31 August 2019 <https://bit.ly/2KdjGN1>

Charles Sturt University Charles Sturt Advantage.
Applications close 31 August 2019 <https://bit.ly/2Je0sZw>

Last Open Days for 2019

Australian Catholic University	Ballarat	Sunday, August 25 th
Deakin University	Melbourne	Sunday, August 25 th
Federation University	Ballarat and Berwick	Sunday, August 25 th
LaTrobe University	Bendigo	Sunday, August 25 th

CAREERS OPEN DAY

This will be held on Wednesday, August 28th from 10.00am to 5.00pm at the Swan Hill Campus. Exciting workshops, information Expo, displays and demonstrations will be running all day.



For more information, call 1300 478648 or visit www.sunitafe.edu.au

Year 9 and Year 10 News!

Year 9

This week we arranged for Siobhan Barry, Manager at McDonalds, Swan Hill to come and speak to the students about the variety of opportunities that are available at McDonalds. She talked to them about the processes employers go through when employing staff, the importance of a good application and personal presentation. Siobhan also encouraged them to make the most of any part-time employment they currently have.



Year 10

Students are currently working on a topic of ***Achieving and Measuring Success***. They will work in small groups to make their own video which will then be shared with their peers.

10C students are finalising their Work Experience placements which will occur during the last week of term.

Laura Crow and Brenda Brady
Pathways Team

ATHLETICS CARNIVAL

On Tuesday 20th August, in cold and windy conditions, our students ventured to Ken Harrison Reserve for our annual Athletics Carnival. Tenison House, attempting a four peat, were the red hot favourites, with the other three houses ready to knock the green machine off their perch.

Student participation, effort, encouragement and involvement was nothing short of fantastic all day. Most events both running and field were full with a healthy competitive contest consistently on show. Students were applauded for their efforts and should feel proud of their achievements.

Part way through the day, an update of scores saw Xavier House in the lead with only 8 points separating the first three Houses. Perhaps it was an error relaying those scores to the students, as it only sent the green machine into overdrive and Tenison House eventually ran out overall winners on the day.

Final scores:	Tenison	4,974 pts
	Woods	4,535 pts
	Solomon	4,435 pts
	Xavier	4,289 pts

Xavier House were awarded the House Spirit trophy for their outstanding cheering and support, particularly during the relay events.

Some long term records were broken by some impressive individual efforts. One to note in particular was a 1997 record, previously held by ex-student and teacher, Rowena McCrae. Her 400m record was broken by Jackelyn Burge.

Jason Gillbee also had a brilliant day breaking the distance record of both the 800m and 1500m. To break both of these records on the one day is an incredible achievement! Well done Jason.



Records Broken On The Day

Event	Old Record Details	Record Broken By	House	New Record
12-15yr Boys 1500m	Will Burns 5:09.82 (2012)	Jason Gillbee	Solomon	5:07.58mins
15-16yr Boys 800m	Aiden Murphy 2:25.00 (2007)	Jason Gillbee	Solomon	2:24.97mins
18-20yr Boys Javelin	Michael Conlan 39.78m (2012)	Jack Farnsworth	Solomon	40.7metres
15yr Boys 400m	Brent Daniel 59.09sec (2014)	Max Dow	Solomon	59.00 sec
18-20yr Girls Triple Jump	Mikayla Burge 9.78m (2016)	Chelsea Tofful	Tenison	9.91metres
18-20yr Girls 400m	Rowena McCrae 1:09.84 (1997)	Jackelyn Burge	Woods	1.08.53mins
18-20yr Girls High Jump	Tamra Hoare 1.36m (2013)	Stephanie Hartshorn	Solomon	1.37metres
15yr Boys Javelin	Daniel French 36.45m (2003)	Quinn Grey	Woods	37.45metres

ATHLETICS CARNIVAL



ATHLETICS CARNIVAL

Age Champions

Congratulations to the following students on winning Age Champion.

Age Group	Name	House	Pts
12-13yr Boys	Otto Conlan	Tenison	110
12-13yr Girls	Georgie Cameron	Woods	108
14yr Boys	Dustin Holmes	Tenison	144
14yr Girls	Chloe O'Reilly	Tenison	104
15yr Boys	Max Dow	Solomon	174
15yr Girls	Alivia Andrews	Xavier	114
16yr Boys	Joe Mammone	Woods	160
16yr Girls	Tulsi Jenkins-Jaiswal	Woods	132
17yr Boys	Corey Grey	Woods	168
17yr Girls	Madison Curran	Woods	114
18-20yr Boys	Liam Thornton	Woods	156
18-20yr Girls	Jackelyn Burge	Woods	142

Many thanks also to the many staff who assisted with the preparation, setting up and packing up of the carnival as well as completing the vast roles as officials on the day.

A truly great day on our school calendar that was made fantastic by the attitude and involvement of our wonderful students.

A final congratulations to Tenison House.....The athletics dynasty continues!

Chris Joyce
Sports Coordinator



ROUND ROBIN COMPETITION

On Monday students competed in a round robin competition in various activities. Each homeroom competed against each other in order to win points for their house. The activities they competed in were Tug Of War, Poison Ball, Tunnel Ball, Wacky Relays and Bombardment. Lots of fun was had by all staff and students and the overall winners were Tenison.



VET HOSPITALITY - ACCOUNTING WEEK LUNCH

On Friday 9th August the VET Hospitality students provided a two-course lunch for 35 guests at an Accounting Week lunch. The VET students are to be commended on their enthusiasm and work ethic that helped make this event such a great success.

Mandy McCallum
VET Hospitality Teacher



MACKILLOP'S GOT TALENT

MacKillop's Got Talent is fast approaching and the Arts Committee have several announcements to make.

Firstly, the judges this year are going to be Mr Howison, Mr Joyce and Mrs Smith. Thank you for giving up your time to help us with this event.

Next, we received heaps of entries this year and as such have decided that we need to hold heats. There will only be a senior division as all entries were in that age group. Heats will be held on the 4th and 5th of September. Competitors will be notified which day they will be performing via email from either Hana or Kate. The top eight acts will move onto the final, which will be held on Friday 13th September to conclude MADD week.

Hana Roberts and Kate Mullan
Arts Committee Captains

BOOK WEEK

From Sunday 17th to Friday 23rd August, the Children's Book Council of Australia (CBCA) works in partnership with authors, illustrators, publishers, booksellers and other organisations in the children's book world to bring images and stories into the hearts and minds of children and adults.

To celebrate at St Mary MacKillop College, our Library has held a Scholastic Book Fair for the week. Students were able to browse through the collection of books and novelty items available to purchase during their Recess and Lunchtimes in the Library.

We have had a wonderful week celebrating our love of books and reading!



LITTLE FREE LIBRARY

The St Mary MacKillop College Library Committee is pleased to announce our The Little Free Library is now open!

The Little Free Library will be accessible from the front of the Technology Centre, corner of McCrae and Splatt Street. Members of the public are urged to access this and please spread the word to your fellow visitors or travellers.

All we ask is that you abide by our motto,
Take A Book, Read A Book, Leave A Book.

Donations are also very welcome as we will continue to stock the free library as books are taken. It would be wonderful to get an influx of fiction books from the wider community to keep it fully operational. Any donations can be delivered to the front office at St Mary MacKillop College.

Happy Reading!



FREE LIBRARY

ST MARY MACKILLOP COLLEGE



STEP 1

TAKE YOUR FREE BOOK
AND ENJOY!

STEP 2

RETURN YOUR BOOK
AND FEEL FREE TO TAKE
ANOTHER...

OR!

SHARE YOUR BOOK!



LOVED YOUR BOOK??
SHARE IT WITH A
FRIEND AND PASS IT
ALONG.

LEAVE A BOOK?

HAVE ANY UNWANTED
BOOKS GATHERING
DUST AT HOME?
DONATE THEM! &
LEAVE THEM IN THE
FREE LIBRARY.



VISIT ST MARY MACKILLOP
COLLEGE WEBPAGE BY
DOWNLOADING THE 'QR CODE
SCANNER' APP.

DOG KENNELS FOR SALE

Our 1st Year VET Building & Construction students have completed their dog kennels and they are ready for sale. There is one large, two medium and two small kennels available with the sizes listed below. The small kennels are only \$100, medium \$125 and the large kennels are \$150.

Sizes:

Small – 740mm long x 450mm wide x 700mm high (top of gable)

Medium – 900mm long x 600mm wide x 840mm high (top of gable)

Large – 1000mm long x 700mm wide x 1030 high (top of gable)

All kennels are supplied with treated pine weather board walls, colour bond roof and 18mm thick ply bottom.



MURRAY RIVER CULINARY CHALLENGE

On Wednesday, St Mary MacKillop College hosted the regional final of the Culinary Challenge. Our team of Kate Gillingham and Isa Pham-Nguyen competed against the VET Hospitality team from Swan Hill College. Both teams were required to prepare and cook a three course meal within a set time frame.

The competition was judged by local chefs, Rebecca Hart from Boo's Cafe and Nicole Button from Table for 12. The students were assessed on their work flow, OH&S, cooking techniques and food presentation. The judges were very impressed with the standard of cooking and food and commented on how close the competition was.

Kate and Isa were named the winners on the day and now go on to represent our region in the grand final in Wangaratta on the 9th September where they will compete against five other regions along the Murray River. Well done to Kate and Isa on their win on Wednesday and the best of luck for the Grand Final.



QUILT FOR CAMBODIA

The quilt to raise money for the Cambodian children is FINISHED!

The students helped make the hexie flowers and Mrs Op't Hoog put it together. The backing fabric was donated by Coco Leahy. The quilt was professionally quilted to hold it all together - it's a gem! And it could be yours!



Tickets are just \$2 and we hope to raise at least \$1,000 to go towards our students assisting with projects in Cambodia; building toilets (many families are without toilet facilities), concreting the floor for a school, and building pig pens and chicken coops. How amazing will it be!



See the front office to purchase tickets. The winner will be announced early September! Any other donations will be gratefully accepted.

Thanks to all who have supported this worthwhile cause.

eat. move. smile.

fruit & veg more often together

Think about these three words to help your child (and yourself) be their most healthy and happy

Eat more fruit and veggies

Move more often

Smile with friends, family and neighbours.

Getting good nutrition, good levels of physical activity and interacting with other kids and adults are important factors in the growth, learning and health of children.

Week 5

12th August – 16th August

move.
more often

#IncidentalExercise

Incidental exercise is a really important way to keep our bodies active and keeping our bodies moving regularly throughout the day is actually more beneficial than sitting still all day and then doing 1 hour of running around at the end of the day.

Some ways to increase your incidental exercise include:

- Walk your children to school; your kids have to make it to school either way, so why not try and make it an active commute! If you live out of town, drive to somewhere in town and get out and walk from there.
- Get the family up and moving during ad breaks whilst watching television! Make it a fun competition; who can do the most star jumps per ad? Or make it into a circuit, with a different exercise for each ad.
- Chores are a great way to get moving. Get the kids to help out with chores, and you'll all be up and moving!

Being able to move your body is a privilege, not a chore... Make the most of it, do it as much as possible, your body will thank you!

Week 6

19th – 23rd August

eat.
fruit & veg

Keep Australia Beautiful Week!

Keep Australia Beautiful Week is all about reducing litter and encourages people to pick up one piece of litter each day.

We would also like to encourage you to reduce at least one piece of single use plastic from lunchboxes every day this week.

Here are some ways you can do that:

- Swap cling wrap for beeswax wraps – easy to use and washable, these are a no brainer replacement for cling wrap!
- Make your own snacks! Instead of buying individually packaged snacks, try making your own and sending them in beeswax wraps or reusable containers instead!

Take a reusable drink bottle to school! There's no need to buy a bottle of water, just take a reusable one and keep refilling it every day!



KICK
START
YOUR
FUTURE

CAREERS OPENDAY

WEDNESDAY 28 AUGUST 10AM – 5PM

WORKSHOPS • INFO EXPO • DISPLAYS AND DEMOS • TRY A CAREER

MILDURA CAMPUS, BENETOOK AVENUE

SWAN HILL CAMPUS, SEA LAKE-SWAN HILL ROAD

ROBINVALE CAMPUS, BROMLEY ROAD

Call: 1300 478 648

Visit: sunitafe.edu.au





ST MARY'S PRIMARY SCHOOL CENTENARY 1919-2019

St Mary's Primary School has reached its 100th Anniversary of Catholic Primary Education in Swan Hill.

To commemorate this huge milestone, we are excited to announce the publication of a new website containing photos, school registers, clips, past publications and information from both High St and Murlong St schools.

The website is a work in progress and will be updated as we receive more contributions to the history.

www.smswanhill100years.com

Further Celebrations for the Centenary will take place in November, there will be more information to follow at a later date.



If you have any photos, information, old stories or anecdotes from either schools could you please contact Susan Domaille at school (03)50332541 Email: sdomaille@smswanhill.catholic.edu.au



Mental Health Week



As part of Swan Hill's Mental Health week you are invited to...

ART EXHIBITION OPENING NIGHT

7th October 5:30pm - 7:30pm 2019
Swan Hill Art Gallery

COME DOWN, GET INVOLVED AND ENJOY
LIVE MUSIC. MATT FROM MURRAY MALLEE
WOOD FIRED PIZZA WILL BE SELLING PIZZA
WITH PROCEEDS GOING TO CHARITY!

INTERESTED IN
DISPLAYING
YOUR WORK?

Artists from Swan Hill and surrounding communities are invited to display their work that addresses the theme "Mental Health" at the Swan Hill Art Gallery from the 7th to the 11th of October. Entries are open until the 16th of September. Drop off to Headspace or SuniTafe!





**Mental Health
Week presents**



OPEN MIC NIGHT

All Musicians need to register their interest before September 20th 2019. To register contact Jason at WDEA on (03) 40260010

**11.10.2019
5:30PM
Swan Hill Club**

MONDAY OCTOBER 7

ART EXPO OPENING

5.30pm - 7.30pm.

Live music and
Murray Mallee Wood Fired Pizzas
available.

WEDNESDAY OCTOBER 9

MENTAL HEALTH FIRST AID YOUTH

SESSION 2

Register through Swan Hill Pritchard
Street Counselling on (03) 5033 9880.

MOVIE NIGHT

Inside Out | Harrison Hall
Gold coin donation | Sausage sizzle
Doors open at 6pm.

TUESDAY OCTOBER 8

MENTAL HEALTH FIRST AID YOUTH

SESSION 1

Register through Swan Hill Pritchard
Street Counselling on (03) 5033 9880.

EMPLOYMENT AND MENTAL HEALTH SESSIONS

Swan Hill Club | Free entry

SESSION 1

Community Members | 3.30pm-5pm.

SESSION 2

Organisations | 6pm-7.30pm.
To RSVP call WDEA on 4026 0010.

THURSDAY OCTOBER 10

MIND, BODY AND FITNESS NIGHT

Swan Hill Leisure Centre
Lucky door prizes | Guest speakers
Nibbles provided

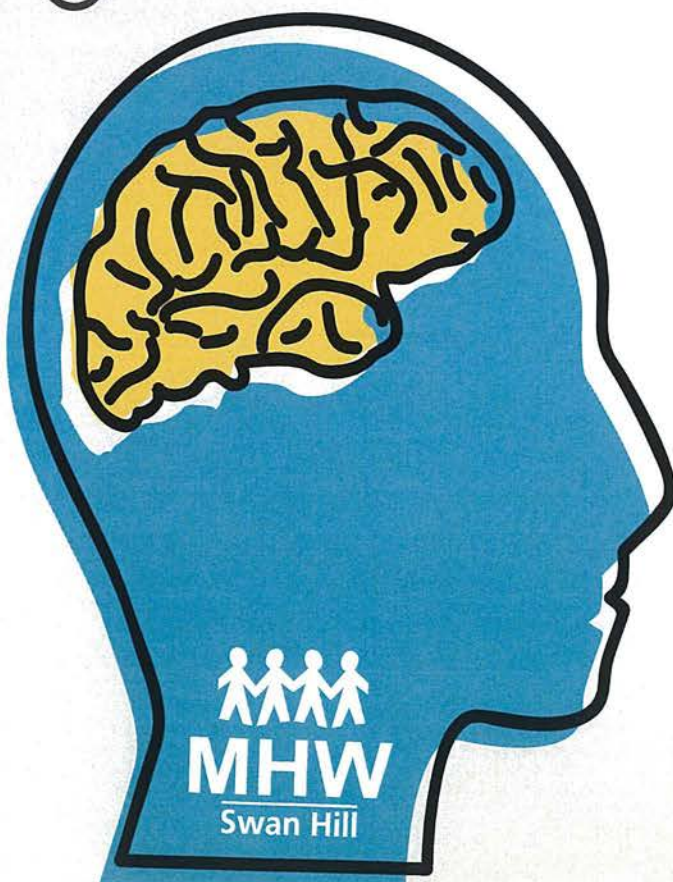
FRIDAY OCTOBER 11

MENTAL HEALTH WEEK EXPO AND COMMUNITY WALK

Swan Hill Town Hall | 11am to 1pm
Interactive activities | free sausage sizzle

OPEN MIC NIGHT

Swan Hill Club | 5.30pm to 8.30pm
Register through Jason at WDEA on (03) 4026 0010



PROUDLY SPONSORED BY

The Guardian

MENTAL HEALTH WEEK OCTOBER 7-11

Career News

#1 in Australia for Employment Outcomes*

Exciting Announcement: New Courses for 2020!

Course offerings at Federation University will continue to grow in 2020 with exciting new options across Engineering, Business and Health.

We are currently ranked #1 in Australia for Teaching Quality[#] so students can expect the very best when they start with us next year.

federation.edu.au/newcourses

Relieving VCE Pressure: Guaranteed ATARs

If you're a Year 12 student you may be feeling the pressure mount as you focus on course preferences, so it's timely that we alert you to Federation University Guaranteed ATARs.

The transparency of Guaranteed ATARs enables students to plan and list course preferences with confidence. It takes the guess-work out of preferences and allows you to make informed decisions about your future, now.

federation.edu.au/atar

Study that counts towards a degree

Students can now complete our [Diploma of University Studies](https://federation.edu.au/diploma).

With a focus on Education, Engineering, Information Technology or Sport, Physical and Outdoor Education, you can choose study that counts towards a degree, right from day-one.

It's the ideal pathway for those who want to experience university and gain the skills needed for success in a chosen career.

study.federation.edu.au (search 'university studies')

Open Day: 25 August (10am to 2pm)

Visitors from across the State can expect to enjoy live music and entertainment, informative career sessions, and tours of our beautiful campuses.

federation.edu.au/openday

*Employer Satisfaction Survey (ESS) 2018, Australian universities, results released January 2019, and ESS 2017

#Student Experience Survey (SES) 2018, Australian universities, postgraduate level, results released March 2019

Limited tickets
BOOK EARLY

DIGITAL INNOVATION

FESTIVAL MALLEE

Connecting community, business and
technology for vibrant regional growth

23AUG-6SEP2019

- | | | |
|---------|---|------|
| Fri 23 | My journey in retail // Paige Davies, Frankie & Co | |
| Sat 24 | How to use Instagram to grow your business // Paige Davies | |
| Wed 28 | How to turn an idea into a business // Sorted. | FREE |
| Thur 29 | YouTube workshop for female creators // Changer Studios | FREE |
| Fri 30 | AGTECH DAY | FREE |
| | Addressing workforce shortages with robotics // thingc Robotics | |
| | Combating feral animals using AI // Out of Box Solutions | |
| | Protecting wineries with wine fraud tech // Trusted Food Group | |
| Fri 30 | CHINA - Insights and opportunities // Various speakers | FREE |
| Sat 31 | Launch of 'Code the Mallee' code club // Mallee Rising | FREE |
| Sun 1 | Solar boat 'build & race' challenge // Swan Hill Primary School | FREE |
| Tues 3 | How to stay safe in a digital world // BGR Development | FREE |

MORE EVENTS AND TICKETS AT MALLEERISING.COM.AU

SCAN ME!



Digital
Innovation
Festival



#DIF2019



Community mindfulness event

Mindfulness is paying attention to the present moment with openness, curiosity and without judgement. Community members are invited to attend this event and learn what mindfulness is and how to use it help build healthy young and smiling minds.



Date: Tuesday 22 October 2019

Time: 5.30 - 7.00pm

Where: Swan Hill Club – William Garden Room
17 McCallum Street
Swan Hill VIC

RSVP: <https://bit.ly/2JEzusP>