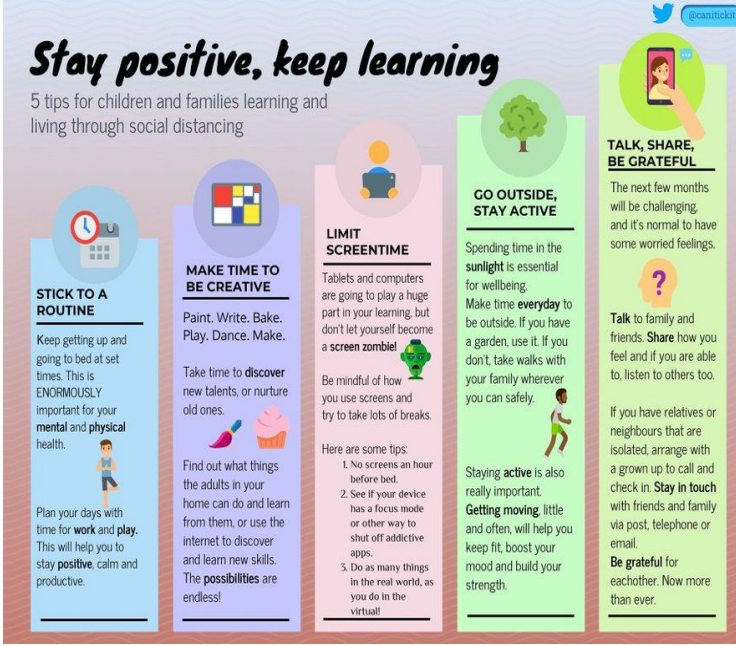


## RESOURCES & ADVICE FOR PARENTS

This page is intended to house links to resources that provide guidance for parents. School leaders may wish to include some of these links in their correspondence with families.

Resource Name	Link	Description
<b>UNICEF</b>	<a href="https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19">https://www.unicef.org/coronavirus/how-talk-your-child-about-coronavirus-covid-19</a>	Information for parents about talking to their children about COVID-19.
<b>Dept of Health</b>	<a href="https://www.health.gov.au/resources/translated">https://www.health.gov.au/resources/translated</a>	COVID-19 fact sheets and advice translated into a variety of languages for CALD families.
<b>Student Wellbeing Hub</b>	<a href="https://studentwellbeinghub.edu.au/">https://studentwellbeinghub.edu.au/</a>	Wellbeing resources specifically around COVID-19 for educators, parents and students.
<b>TWINKL</b>	<a href="https://www.twinkl.com.au/resources/australian-resources/school-closure-home-learning-australia">https://www.twinkl.com.au/resources/australian-resources/school-closure-home-learning-australia</a>	Home learning resource packs - Years F-6 Plus a great deal of advice/resources for parents. Australia - specific.
<b>CECV</b>	<a href="http://www.cecv.catholic.edu.au/Coronavirus-information-for-parents">http://www.cecv.catholic.edu.au/Coronavirus-information-for-parents</a>	Advice to parents and school communities about Catholic education's response to COVID-19.
<b>Khan Academy's School Closure Support</b>	<a href="https://docs.google.com/document/d/e/2PACX-1vSZhOdEPAWjUQpqDkVAIJrFwxxZ9Sa6zGOq0CNRms6Z7DZNq-tQWS3OhuVCUbh_-P-WmksHAzbsrk9d/pub">https://docs.google.com/document/d/e/2PACX-1vSZhOdEPAWjUQpqDkVAIJrFwxxZ9Sa6zGOq0CNRms6Z7DZNq-tQWS3OhuVCUbh_-P-WmksHAzbsrk9d/pub</a>	Template schedules, self-paced, interactive activities, videos and articles for students in every grade and in most major subject areas that parents could adopt as is or copy and modify to better suit the needs of their children. It is all free and non-commercial.
<b>Kathleen Morris (Geelong teacher with experience in home schooling)</b>	<a href="http://www.kathleenamorris.com/2020/03/17/parents-teaching-young-children/">http://www.kathleenamorris.com/2020/03/17/parents-teaching-young-children/</a>	Ten tips for parents teaching young children at home or supporting them with their learning.
<b>Dr Michael Carr-Gregg</b>	<a href="https://schooltv.me/wellbeing_news/special-report-coronavirus">https://schooltv.me/wellbeing_news/special-report-coronavirus</a>	Dr Michael Carr-Gregg has developed a video <a href="#">SPECIAL REPORT: Coronavirus for parents</a> that parents may find helpful in easing child anxiety about COVID 19. This video is recommended through Ambulance VIC.
<b>Department of Health and Human Services</b>	<a href="http://www.dhhs.vic.gov.au/coronavirus">www.dhhs.vic.gov.au/coronavirus</a>	Resources that explain the virus, detail risk-reduction practices and behaviours, and

		<p>answers frequently asked questions.</p> <p>Note - the site offers information sheets available in Mandarin, Farsi and Korean.</p>
<b>K-12 Movie guides</b>	<a href="https://k12movieguides.com/2020/03/15/school-closure-due-to-coronavirus-covid-19-free-resources/">https://k12movieguides.com/2020/03/15/school-closure-due-to-coronavirus-covid-19-free-resources/</a>	Educational movie guides for parents to use with children.
<b>Tips for Parents and Families to support Home Learning</b>	<a href="https://drive.google.com/a/ceoballarat.catholic.edu.au/file/d/1w9B3lEDyq7-vyuWPhhaMJz8LhY0f1R3/view?usp=sharing">https://drive.google.com/a/ceoballarat.catholic.edu.au/file/d/1w9B3lEDyq7-vyuWPhhaMJz8LhY0f1R3/view?usp=sharing</a>	Contributed by Paul Bissinella- SFX Ballarat.
<b>NSW Dept of Education Advice to Parents</b>	<a href="https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers#Key0">https://education.nsw.gov.au/teaching-and-learning/curriculum/learning-from-home/advice-to-parents-and-carers#Key0</a>	Contains information for parents on key considerations, setting up a learning environment, wellbeing, communicating and using technology.
<b>Centers for Disease Control and Prevention</b>	<a href="https://www.cdc.gov/coronavirus/2019-ncov/prepares/manage-stress-anxiety.html">https://www.cdc.gov/coronavirus/2019-ncov/prepares/manage-stress-anxiety.html</a>	Contains information on reducing stress on yourself and others and advice for parents on signs of stress to look for in their children and ideas on how to support them.
<b>The Conversation</b>	<a href="http://theconversation.com/worried-about-your-child-getting-coronavirus-heres-what-you-need-to-know-131909">http://theconversation.com/worried-about-your-child-getting-coronavirus-heres-what-you-need-to-know-131909</a>	Facts for parents worried about their children getting COVID-19.
<b>Child Mind Institute</b>	<a href="https://childmind.org/article/talking-to-kids-about-the-coronavirus/">https://childmind.org/article/talking-to-kids-about-the-coronavirus/</a>	Contains information on how to talk to children about COVID-19.
<b>Catholic Education Diocese of Parramatta</b>	<a href="https://sites.google.com/parra.catholic.edu.au/continuityoflearning/sample-communication-to-parents?authuser=0">https://sites.google.com/parra.catholic.edu.au/continuityoflearning/sample-communication-to-parents?authuser=0</a>	Sample communication to parents
<b>Beyond Blue</b>	<a href="https://www.youtube.com/watch?v=r_URnXXK4Ag&amp;f">https://www.youtube.com/watch?v=r_URnXXK4Ag&amp;f</a>	Helping kids cope with scary stuff in the news - clip.

	<a href="#">eature=emb_title</a>	
<b>eSafety Commissioner</b>	<a href="https://www.esafety.gov.au/about-us/blog/covid-19-online-safety-kit-parents-and-carers?utm_medium=email&amp;utm_campaign=CV19%20alert%20-%20parents%20%20general&amp;utm_content=CV19%20alert%20-%20parents%20%20general+CID_29af4f39070a97c93e3b83de0a5859a7&amp;utm_source=Email%20marketing%20software&amp;utm_term=Learn%20more">https://www.esafety.gov.au/about-us/blog/covid-19-online-safety-kit-parents-and-carers?utm_medium=email&amp;utm_campaign=CV19%20alert%20-%20parents%20%20general&amp;utm_content=CV19%20alert%20-%20parents%20%20general+CID_29af4f39070a97c93e3b83de0a5859a7&amp;utm_source=Email%20marketing%20software&amp;utm_term=Learn%20more</a>	<p>Online safety kit for parents and carers</p> 
<b>Emerging Minds</b>	<a href="https://vimeo.com/394049129">https://vimeo.com/394049129</a>	Video for adults suggesting why and how you might go about talking to children about their worries.
<b>A helpful graphic with advice for parents and children</b>	<a href="https://docs.google.com/document/d/1eyK9K6B6T2ebrXHPMHdIVjetW38CjeZS6s0-deDrh0k/edit">https://docs.google.com/document/d/1eyK9K6B6T2ebrXHPMHdIVjetW38CjeZS6s0-deDrh0k/edit</a>	
<b>Helping your child learn to read - Webinar</b>	<a href="https://youtu.be/5kzaj-K4F2s">https://youtu.be/5kzaj-K4F2s</a>	Jennifer Buckingham from MultiLit presents this free, sixty minute webinar for parents about helping children learn to read
<b>Study.com</b>	<a href="https://study.com/academy/popular/coronavirus-school-closure-home-school-planner-and-daily-schedule.html">https://study.com/academy/popular/coronavirus-school-closure-home-school-planner-and-daily-schedule.html</a>	<p>Parents and students can face this challenge with confidence when they have a good plan for how to maintain their educational progress during the time away from formal schooling.</p> <p>This article will help you to create a plan for what to do during your school's closure. A sample schedule is also included to help you successfully navigate this time of home-based learning. These tips and the sample schedule are appropriate for all ages and academic levels.</p>
<b>Read-Write</b>	<a href="https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/?ut">https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/?ut</a>	Here you can find lots of free resources to support your child's learning during the school closures. We have lots of free Read Write Inc. Phonics resources to help your child continue learning, including eBooks, practice sheets, slideshows, videos, and parent films. We will be adding more

	<a href="https://www.pri.org.au/resources/learning-anywhere">m_campaign=learninganywhere&amp;utm_source=twitter&amp;utm_medium=social&amp;utm_content=read-write-in-c&amp;utm_team=pri</a>	resources throughout the week.
<b>Evidence for Learning advice for parents</b>	<a href="#">Advice for parents</a>	As a result of the measures taken to control the COVID-19 pandemic, many children are not attending their regular school or early learning centre and may not do so for some time. This is leading schools and centres to develop educator led, home-supported learning. As a parent, you can be an effective partner in this learning. This page has some key learning concepts for you to keep in mind as you navigate your new, expanded role.
<b>Dyslexia and Dysgraphia Webinar for parents</b>	<a href="https://www.youtube.com/watch?v=ANE_AIL288">https://www.youtube.com/watch?v=ANE_AIL288</a>	Lyn Stone presents a webinar about dyslexia and dysgraphia.
<b>Sparklers</b>	<a href="https://sparklers.org.nz/parenting/">https://sparklers.org.nz/parenting/</a>	Ideas for learning at home - that will spark interest without them knowing that they are learning!
<b>Positive Behaviour Support</b>	<a href="https://assets-global.website-files.com/5d3725188825e071f1670246/5e83b41b7df0210d47588d12_Supporting%20Families%20with%20PBIS%20at%20Home%20FINAL.pdf">https://assets-global.website-files.com/5d3725188825e071f1670246/5e83b41b7df0210d47588d12_Supporting%20Families%20with%20PBIS%20at%20Home%20FINAL.pdf</a>	some recommendations for families and caregivers on how to use Positive Behaviour Support to support their children's social and emotional growth and minimize behavioral disruptions in the home.