



BREAKFAST

Toast or Raisin Toast (2 slices)	\$2.00
Toasted Ham & Cheese Sandwich	\$4.80
Yoghurt	\$2.50
Fresh Fruit	\$2.00
Hot Chocolate	\$2.00

COLD DRINKS

Oak Milk Varieties 300ml	\$2.50
Nippy's Reduced Fat Milk 375ml	\$3.00
Slush Puppies Small / Medium	\$2.30 / \$3.30
Prima Varieties	\$1.20
Nippy's Juice Varieties 350ml	\$3.50
Sugarfree Schweppes Lemon or Lemonade	\$2.50
Sugarfree Sparkling Water Varieties	\$2.00

SNACKS

Biscuits (3 Pack) with cheese	\$1.80
Carrot <u>OR</u> Celery Sticks	.60
Red Rock Deli Chips/ Grainwaves	\$2.50
Homemade Cakes & Muffins	\$1.50
Homemade Slices	\$2.50
Rumballs	\$3.00

FROZEN SNACKS

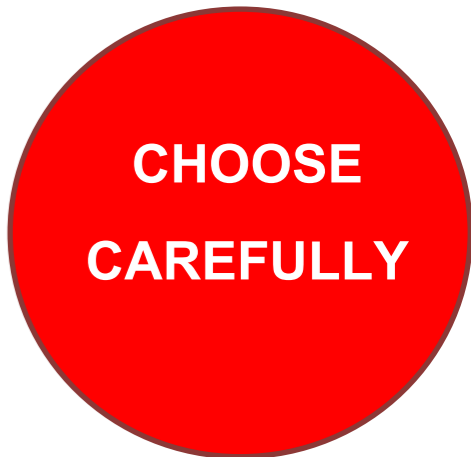
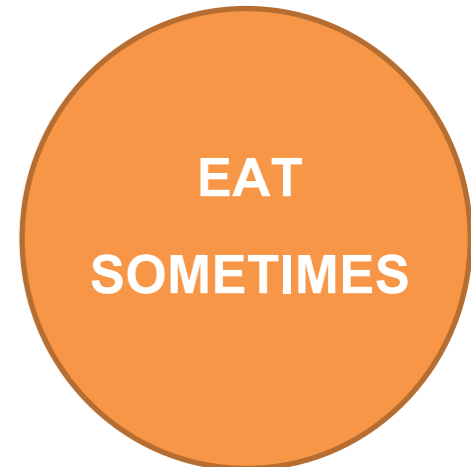
Zings	\$1.00
Icy Twists	\$1.20
Callipo	\$1.20
Paddle Pop	\$1.50
Frozen Yoghurt Varieties	\$2.50
Sugar free zooper dooper	\$1.00

FRUIT

Assorted Fresh Fruit	\$2.00
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DESSERTS

Fruchee	\$2.50
Reduced Fat Yoghurt Varieties	\$2.50
Small Reduced Fat Mousse Varieties	\$1.50
Custard	\$1.50
Jelly	\$1.00



**LUNCHEES MUST BE ORDERED BEFORE SCHOOL
OR AT RECESS AS THERE ARE NO SPARES.**

WARM WRAPS

Sweet Chilli Tenders with Sweet Chilli Sauce & Cheese	\$6.00
BBQ – Plain Tenders with Cheese & BBQ Sauce	\$6.00

BURGERS

Chicken Burger, Cheese, Lettuce & Mayo	\$6.00
Chicken Burger with the Lot	\$6.80
Vegie Burger, Cheese, Lettuce & Mayo	\$5.50
Vegie Burger with the Lot	\$6.50
Schnitzel Burger, Cheese, Lettuce & Mayo	\$6.00
Schnitzel Burger with the Lot	\$6.80
Parmi Burger	\$6.50
Schnitzel & Gravy Burger	\$6.00
<i>WITH THE LOT includes Burger (choose from above) & Lettuce, Cheese, Mayo, Tomato, Carrot & Beetroot</i>	



FOCCACIA/TURKISH BREADS

Ham & Cheese	\$5.50
Chicken & Cheese	\$6.00
Ham, Roasted Capsicum, Cheese, Baby Spinach with Aioli	\$6.50
BLT, Bacon, Lettuce, Tomato with Aioli	\$6.00
BBQ Chicken with Cheese & BBQ Sauce	\$6.00

HOT FOODS

Grays Pizza	\$3.50
Pizza Singles (Ham & Cheese <u>OR</u> Ham & Pineapple)	\$3.30
Light Pie <u>OR</u> Pepper Steak Pie	\$4.20
Light Sausage Roll	\$3.60

ADD Tomato Sauce \$0.30

SANDWICHES / ROLLS / WRAPS

ALL WRAPS AND ROLLS ARE WHOLEGRAIN UNLESS WHITE IS SPECIFIED ON THE LUNCH ORDER. ALL SANDWICHES ARE WHOLEGRAIN--SANDWICHES
TOASTED ON REQUEST. 50c--

<u>Salad Only</u> - Lettuce, Tomato, Carrot, Beetroot, Cheese	\$5.00
ADD Chicken <u>OR</u> Ham	\$6.00
<u>Egg & Lettuce</u>	\$5.00
Ham & Cheese	\$4.50
Chicken & Cheese	\$5.00
Chicken with Lettuce & Mayo	\$5.00

HOMEMADE SOUP



Vegetable <u>OR</u> Pumpkin with Croutons	\$3.00
Hot Dinner Roll	\$1.00

PASTA

Lasagne	\$6.00
Spiral Pasta with Bolognese Sauce	\$6.00
Spinach & Ricotta Lasagne	\$5.50
Chicken Pasta Bake	\$6.00

ALL OF OUR MEALS ARE HOMEMADE WITH REDUCED FAT INGREDIENTS.